

# Planting for Pollinators and Birds

## Herbaceous Material

**Perennials** – aim for variety of bloom types and colors from early-late season;  
asterisks denote most recommended

Anise hyssop/*Agastache foeniculum* \*

Asters

New England aster/*Symphyotrichum novae-angliae* \*

Blue wood aster/*Symphyotrichum cordifolius*

White wood aster/*Symphyotrichum divaricatus*

Beardtongue/*Penstemon* spp.

Bee balm/*Monarda* spp. \*

Blanket flower/*Gaillardia*

Blazing star/*Liatris* spp.

Cardinal flower/*Lobelia cardinalis* \*

Coneflower/*Echinacea purpurea*

Coral bells/*Heuchera* spp.

Cranesbill or wild geranium/*Geranium maculatum*

Foamflower/*Tiarella cordifolia*

Goldenrods

Bluestem goldenrod/*Solidago caesia*

Sweet goldenrod/*Solidago odora*

Gray goldenrod/*Solidago nemoralis*

Joe Pye Weeds/*Eutrochium* spp.

Lupine/*Lupinus* spp.

Milkweeds

Butterfly weed/*Asclepias tuberosa*

Swamp milkweed/*Asclepias incarnata*

Oxeye sunflower/*Heliopsis helianthoides*\*

Phlox/*Phlox paniculata*

Sweet alyssum/*Lobularia maritima*

Tickseed/*Coreopsis verticillata*

Turtlehead/*Chelone* spp. \*

Viola/*Viola* spp.

Virginia bluebells/*Mertensia virginica*

## Vine

Native honeysuckle/*Lonicera sempervirens* \*

\* Particularly good for hummingbirds

## Grasses

### Bluestems

Big bluestem/*Andropogon gerardii*

Little bluestem/*Schisachyrium scoparium*

### Gramas

Sideoats grama/*Bouteloua curtipendula*

Blue grama/*Bouteloua gracilis*

Northern sea oats/*Chasmanthium latifolium*

Pink muhly grass/*Muhlenbergia capillaris*

Switchgrass/*Panicum virgatum*

Tufted hair grass/*Deschampsia cespitosa*

## Sedges

Appalachian sedge/*Carex appalachica*

Eastern star sedge/*Carex radiata*

Fox sedge/*Carex vulpinoidea*

Lurid sedge, shallow sedge/*Carex lurida*

Oak sedge/*Carex pensylvanica*

**Annuals** – these are not native but are easy to grow and excellent bloomers; some need to be deadheaded for long term blooms; aim for variety of bloom types and colors throughout the season

Cleome

Nepeta

Cosmos

Nicotiana

Centaurea

Pentas

Heliotrope

Salvia

Lavender

Scabiosa

Nasturtium

Zinnia